Take Time for Teeth

Share the Light funds were used to provide training and supplies for child care centers to teach preschoolers about proper dental care. Share the Light allows Columbia residents to make donations through their utility bill to a number of city programs.

On Saturday, October 29, over 30 child care workers attended a class called "Take Time for Teeth" taught by staff with the Columbia-Boone County Heath Department and a local dental hygienist. Representatives from licensed child care centers left with supplies to get each child started with proper dental hygiene, including a tooth brush and tooth paste.

Nearly 600 children will be taught proper dental care as a result of this round of training. The program will be offered again in 2006.

To learn more about Share the Light, contact the Office of Volunteer Services at 874-7504. left: Preschool teachers from Trinity Luthern Child Learning Center learn about proper dental care.

Holiday Food Tips

- Don't overfill the refrigerator. Cool air must circulate to keep food safe.
- Reheating food on the stove top: food should reach at least 165°F.
- Reheating food in the oven: oven should be preheated to at least 325°F.
- Reheating food in the microwave: stir, cover, and rotate fully cooked food for even heating. Heat food until it is at least 165°F throughout.
- Discard all perishable foods, such as meat, poultry, eggs and casseroles, left at room temperature longer than 2 hours; 1 hour if the air temperature is above 90°F.
- Immediately refrigerate or freeze remaining leftovers in shallow containers.



TREEKEEPERS CLASS

Begins January 10

One thing's for certain: Columbia loves its trees. And if you have an interest in trees and keeping Columbia green, you should consider becoming a TreeKeeper volunteer.



TreeKeepers attend a six week class on tree management and are asked to give 36 hours of service to City of Columbia tree projects in parks and along streets and trails. All work done by TreeKeeper volunteers is organized and supervised by the Parks & Recreation Forestry Staff.

The 2006 class will begin on Tuesday, January 10 and be held each Tuesday evening for six weeks. Classes will be held from 6:00-8:30 p.m. at the Parks Management Center, 1507 Business Loop 70 West, near Cosmo Park.

Nearly 7,000 hours logged by 182 volunteers have been given to City tree projects through the TreeKeepers program.

To learn more about TreeKeepers or to sign up for the class, contact the Office of Volunteer Service at 874-7499 or volunteer@GoColumbiaMo.com at 874-7504.



The Council on Oct. 3:

- Confirmed the contract with Emery Sapp & Sons Inc. for construction of the C-3 Trunk Sewer Project serving the Bristol Lake Development and appropriated funds. The low bid from Emery Sapp & Sons was \$145,075. Payment will be made from sanitary sewer utility funds.
- Authorized a cooperative agreement with the Missouri Department of Conservation for a Tree Resource Improvement and Maintenance (TRIM) Grant for maintenance and restoration in the Grindstone Nature Area. The \$9,401 grant represents approximately 58 percent of the local estimated project cost of \$16,090.

The Council on Oct. 17:

- Authorized an agreement with Lincoln University to provide public health experience for student nurses. The Columbia/Boone County Health Department has collaborated with Lincoln University for several years, allowing nursing students to work with agency nurses. The agreement is valid Sept. 1, 2005 to July 30, 2006.
- Authorized an agreement with First Night Columbia Inc. for support of the New Year's Eve celebration. The city's Fiscal Year 2006 budget contains an appropriation of \$9,000 for the city's support. First Night Columbia is a public, non-profit New Year's Eve event held in downtown Columbia which is open to all residents.

This is just a brief look at the Council's actions. Complete minutes are available at the City Clerk's Office, 701 E. Broadway, the Columbia Public Library or on the Internet at www.GoColumbiaMo.com on the City Council page.

Holiday Schedules

New Year's Holiday

- City offices closed Monday, January 2.
- Residential refuse and blue bag collection will not be made on January 2 and will be delayed one day throughout the week. Landfill will be closed.
- City buses will not operate.

Martin Luther King Holiday

- City offices closed Monday, January 16.
- Residential refuse and blue bag collection will not be made on January 16 and will be delayed one day throughout the week. Landfill will be closed.
- City buses will not operate on Monday, January 16.

Columbia Transit — Your Surrogate Soccer Mom

This winter, let Columbia Transit drive your student to after-school activities. Our routes run past all junior high and high schools and frequent student destinations: the ARC, Daniel Boone Regional Library, all Columbia hospitals (good for student volunteers), Cosmopolitan Park and the MU campus. The fare is still just 25¢ with a student ID. For information on monthly and semester passes, go to www.GoColumbiaMo.com (GoWord: GoBus) or call 874-7282.

Christmas Tree Recycling

Columbia Public Works will collect whole Christmas trees free of tinsel, plastic bags, ornaments and tree stands beginning December 26 through January 31. They should be placed curbside on your regular refuse collection day. After January 31, the trees will have to be cut into four-foot lengths and bundled

Christmas trees can also be dropped off at the Capen Park Mulch Site (south of Stadium, off Rock Quarry Road) and the Parkside Mulch Site (north of Memorial Park Cemetery, off Creasy Springs Road). Some of the trees will be used as cover for wild life and fisheries habitats. The remainder will be used for soil conservation. For more information, call the Public Works Solid Waste Division at 874-6291 or e-mail wastemgmt@GoColumbiaMo.com.

Youth Recreation Scholarships

Columbia Parks and Recreation offers youth financial assistance scholarships for Columbia residents through the Youth Enrichment Services (YES) program. The program is open to those 3-17 who meet the income/household criteria established by the USDA's free and reduced lunch program.

Mavor

Darwin Hindman

Third Ward

Bob Hutton

Fourth Ward

Jim Loveless

Fifth Ward

For more information, call 874-7460. Application forms can be obtained at www.GoColumbiaMo.com.



CITY SOURCE is published by the City of

Columbia as City Council Members: a public service to the First Ward residents of Columbia. Almeta Cravton Missouri. The City of Columbia does not dis-Second Ward riminate on the basis of Chris Janku

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City of Columbia 701 E. Broadway Columbia, MO 65201 (573) 874-7111 www.GoColumbia Mo.com

Printed on

Laura Nauser Sixth Ward Brian Ash

> City Manager Raymond A. Beck

"Let's Talk. Columbia!" 2006

Human Riahts Commission Sponsors Annual Weekend of

CITYSOURCE vol. 11 no. 1 January 2006

Www.GoColumbiaMo.com vol. 11 no. 1 January 2006

Your source for city news and information

Dialogue on Diversity, Race

"It is a powerful and well-designed weekend of dialogue! It is a very short time for building a trusting community, but amazingly, the circles work!"

Participants said...

"I am now more interested in opening my eyes, ears and senses to the thoughts, feelings and concerns of others in the community."

"I have a heightened awareness of the value of listening to others and of expressing my own thoughts and ideas."

"Hearing the experiences of participants in my circle opened my mind to think of 'others' not as 'others' anymore, but as people just like me in many ways."

Relations and Community

You are invited to attend the "Let's Talk, Columbia!" 2006 Annual Round to be held Saturday and Sunday, February 11–12. Join fellow citizens from diverse backgrounds to engage in a thought-provoking program of straight talk on hard issues.

"Let's Talk, Columbia!" provides a safe setting to share and listen to different personal experiences and perspectives using a discussion guide and video called "Toward a More Perfect Union in an Age of Diversity". Through a series of small-group sessions using the study circles model of dialogue, participants explore their assumptions and deepen their understanding about diversity, race and community.

The program is free and open to the public (adults of all ages and mature teens). Questions? Contact program coordinator Nanette C.M. Ward at 573-874-7488 (v/tty) or at HRC@GoColumbiaMo.

For more information and to register online go to: www.GoColumbiaMo.com (Go Word: GoStudyCircles). Registration deadline is January 20, 2006. Space is limited.

above: "Let's Talk, Columbia!" Circle Dialoque "I see the faces of the people in my circle and I smile. I learned to listen . . . I learned the importance of communication.'

Columbia Values Diversity Celebration

An Annual Celebration of the Life and Teachings of Dr. Martin Luther King Jr.

Values Diversity Celebration on Jan. 12, 2006 from 7-8:45 a.m. at the Holiday Inn Select Expo Center. The Celebration brings people together to share breakfast followed by a program honoring Dr. Martin Luther King, Jr. and the presentation of the annual "Columbia Values Diversity Awards."

Register now for the

13th Annual Columbia

Community performances of music, prose and an original multi-media theatrical/interpretive dance program entitled, What Moves You to Celebrate *Diversity . . .* will be presented that showcases the

diversity of our community through art and movement. This is a perfect opportunity for families to celebrate diversity together. Register early for this inspiring community cele-

bration. The cost is \$12/adult, \$10/child. Scholarships are available upon request.

Registration forms are available by calling 874-7488 or on the web at: www.GoColumbiaMo.com. Please call for more information or accommodations related to disability.

Dr. Martin Luther King, Jr., Annual Candlelight March and Celebration

A candlelight march will be held the evening of January 16. Please check www.GoColumbiaMo.com for more details, or call Bill Thompson at 874-6379.

Dr. Martin Luther King, Jr. Memorial Service

The NAACP Annual Memorial Service will be held on January 16. Please watch for more information as to a gathering site and time. Once participants have met, a motorcade will proceed to Second Baptist Church for a ceremony, which will begin upon the motorcade's arrival. Reserved parking and seating will be available for all motorcade participants. A free community luncheon will be served following the program.

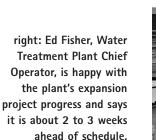
For more information, contact Mary Ratliff at 445-3231.

right, top: Buddy Hardwick and R.C. McClure package seedlings to give away at the TreeKeeper's annual Arbor Day Tree Give Away in April. right: TreeKeeper volunteers Justin McDaniel

and Vanessa Melton prepare to plant a tree along the MKT Trail in southwest Columbia.



City of Columbia Snow **Removal Priorities** Street Division: 874-6289 (M-F, 8 a.m. to 4:30 p.m.) Please leave a voice mail message detailing the situation, your name, address and telephone number when calling after hours in a non-emergency situation or when phone lines are busy. Your call will be returned. After Hours Emergency: 442-6131. www.GoColumbiaMo.com (GoStreets) — First Priority Streets --- State Maintained Streets COLUMBIA, MISSOURI City of Columbia, Missour Department of Public Works SNOW ROUTE MAP November 3, 2005







above: Giant stainless steel aerator tanks sit next to the newly constructed floor of what will be the lime building.

right: Joe Estes, of Davis Rebar, balances on the top of the new filter walls during construction.



Utility Costs When the weather gets chilly there are some easy things you can do to save on

- Open window shades that receive direct sunlight during the day and close the shades at night.
- Set the thermostat at 68 degrees and lower the setting a few degrees at night or when home is unoccupied. Consider installing a programmable ther-
- Wear layers of clothing and use extra blankets.

your utility costs:

- Keep fireplace chimney dampers closed when not using the fireplace.
- Don't block radiators and vents with furniture, drapes or rugs. • Turn off lights and appliances when they are not being used.
- Set your water heater temperature to 120 degrees.

For information on tuning up your home to conserve energy, check out www.GoColumbiaMo.com (use GoWord 'GoAudit') or call 874-7325 for a FREE conservation audit of your home or business.



Water System **Improvements Move Forward**

When voters approved a bond issue in November of 2003, Columbia Water and Light was able to work towards increasing the capacity and reliability of the water system. These upgrades will enable the Water Department to

> keep up with Columbia's increased demand during the peak summer use period.

Construction to expand the water treatment plant from a capacity of 24 million gallons a day to 32 million gallons is underway and expected to be completed in the Spring of 2006.

A route for the second 36 inch water transmission line from the water treatment plant to Columbia has been established and construction is anticipated to be completed in June of 2006. This

line will enable more water to be pumped to Columbia and will also serve as a back up for the existing 36 inch line.

Two additional well sites have been selected and plans are underway for an additional Aguifer Storage and Recovery well. These additions will increase the amount of water available to the system and also add storage for peak usage times.

A site for a pumping station on the northeast side of town has been purchased and the design process has been completed. This additional pumping station will increase the supply of water and water pressure in the Northeast section of town.

The computer system that tracks the water distribution system will continue to be upgraded along with the water system expansion.

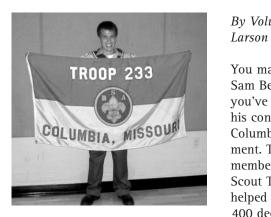
Replacing and upgrading old water mains, upgrading services, hydrants, valves, etc. have been completed throughout Columbia and will continue.



Catch First Night Fever!

Don't miss First Night, Columbia's New Year's Eve celebration, on December 31. More than 60 performances, activities and art will start at 6:30 pm at 14 locations in downtown Columbia and Stephens College campus for all ages and interests.

Admission buttons are \$7 for those 7 and older. Buttons can be purchased at the Columbia Parks and Recreation office at 1 S. 7th, the ARC, Streetside Records and Gerbes Supermarkets, Call 874-7460 or visit firstnight.missouri.org for information.



By Volunteer Isaac

You may not know

you've probably seen

his contribution to

Columbia's environ-

ment. Together with

Scout Troop 233, Sam

helped install nearly

drains to educate the

public about the dan-

ger polluted stormwa-

members of Boy

400 decals on

Columbia's storm

Sam Bergin, but

January Volunteer of the Month SAM BERGIN

ter runoff poses to streams. The decals read "Dump No Waste-Drains to Stream" and are a part of a city initiative to ensure stormwater runoff does not contain harmful pollutants.

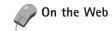
Sam, a senior at Rock Bridge High School, believes the decals will make a difference. "I enjoyed the work and I can see how it benefits the community," he says. "Runoff becomes polluted from oil and stays in the neighborhood and can kill fish and animals."

Besides installing the decals, Sam and his fellow Boy Scouts also went door-to-door explaining to residents how to dispose of household hazardous waste properly. In all, Sam and Troop 233 logged over 75 hours

The City of Columbia thanks Sam Bergin for his work. For city volunteer opportunities contact us at 874-7499 or volunteer@GoColumbiaMo.com.

Community Line

By dialing the city of Columbia's Community Line at 874-7650 (TTY 874-7697), message 553, you can learn about Christmas tree collection.



You can start the New Year off on the right foot by registering for Parks and Recreation life enrichment and fitness classes online! Go to www.GoColumbiaMo.com and enter the GoWord: GoRecreationRegistration and follow the easy instructions.

Memorial Restoration Update

Phase two of planned restoration of Columbia's Martin Luther King, Jr. Memorial got underway this fall, a year after a phase one test section of replacement materials was deemed successful. Repairs to the *Memorial* include new clay tiles created by artist Barbara Grygutis, installed with waterproofing materials, and drainage systems that redirect water from the site. Next year, repairs to the columns and upper walkway will bring the project to completion. In the meantime, the Parks and Recreation Department is coordinating additional improvements to the site, including a shelter area and interpretive signage, which will be placed in 2006 as part of a Save America's Treasures federal grant. For more information, visit, or contact the city's Office of Cultural Affairs at 874-7512 (TTY: 874-7488), oca@GoColumbiaMo.com.

Columbia Parks & Recreation

Register online! www.GoColumbiaMo.com (GoWord: GoRecreationRegistration) Call 874-7460 for more information.

January

- 3 Private golf tournament booking for
- **9** Swim lessons begin, Session I, Hickman
- 9-13 Advanced registration for adult winter volleyball, returning teams
- 16 Dr. Martin Luther King Jr. Memorial **Celebration.** to be announced
- 16-20 Open registration for adult winter volleyball, new teams
- 20 50+/OAK Snowflake Dance, Parkade Center (east side), 7-10 pm, \$3
- 21 Swim lessons begin, Session I, ARC